

Seeds of Light

January 2018

The Newsletter from Mark Okita



2018: A Dazzling New Year!

Welcome to the New Year – it is going to be an amazing one! You might say “Of course it will – every year is amazing because *Life* is amazing!” And I would certainly agree with that! In this edition, I will share with us what I sense to be the essence of the dazzling, literally

scintillating, blessings and opportunities available in 2018.

Before I get into those shining blessings and opportunities for 2018, let me tell you that this edition of Seeds of Light almost did not come to see the light of day. The primary reason is that I have been clearly shown that my part in this Amazing Life is to facilitate the awakening of both individuals and collective humanity *directly*.

There are other sources of information through the written word that are much more clear, comprehensive and/or poetic than what is expressed here. For conceptual understanding, there are wonderful books and audio recordings of well-known spiritual teachers widely available. Some of them have a true gift for that sort of expression.

Whereas my gift is to offer a direct transmission or resonance which is beyond any form of verbal or conceptual communication, no matter how accurate or inspiring. As I keep saying, Spiritual Awakening, Authentic Power, Divine Love, Freedom, Enlightenment, Liberation, True Happiness, etc., has very little to do with conceptual understanding and, in fact, conceptual understanding often stands in the way of REAL Awakening!

Hence, I feel that there is no longer a need for monthly editions of the Seeds of Light newsletter. *From now on, Seeds of Light will be created on an inspired basis rather than on a monthly basis, which means it will probably be published only a few times a year.* (But we'll see – Inspiration often works in mysterious ways!) Which is the perfect segue into what 2018 is all about . . . because it has everything to do with the conceptual vs. the Real; “man-made” (mind-made) vs. Divine Nature.

Here is the main message: **In 2018, Divine Love and Power, as a direct, *tangible realization, with corresponding physical and conscious experience, will take a huge notch up.*** The potency of Aliveness will be undeniable. “Subtle energy” will no longer be that subtle! In fact, for some of us, this jump in Universal Love will be so tremendous that it will feel as if we have been plugged into a colossal Light/Energy generator. Or, have been dissolved into an Ocean of Love-Light. Or, perhaps like being struck by a subtle form of Lightning. Or maybe all of the above and more! But in order for this to happen, we have to actually look within and spend quality time there.

(For those of you who have recently had sessions with me, you all can attest to the truth of the above. It is already happening! Are you excited and inspired?)

The gulf between Love and fear; kindness and judgment; Trust and doubt; **which is the difference between being identified with Life (along with its innate Love and Bliss) and being identified with the mind (along with its obsession with fears and being right) will become even wider.**

The obsolete fear and lack-based ways of looking at Reality are currently infused in all mind-made manifestations including government, educational systems, economy/business practices, use of natural resources, family values, transportation, technology and, most importantly, our own lives and relationships.

As the Power of Love (“Divine Shakti”) becomes more persistent, penetrating and pervasive, resistance to Life, in the form of clinging to attachments and ideologies that foster a false sense of security will naturally create much disruption and disharmony. Or, it is entirely possible that blessings will unfold with miraculous synchronicity. After all, one of the inherent properties of Divine Power is cooperation and harmony. Most likely though, both will occur with striking contrast.

Since nothing can resist the very power of Creation Itself, all of the above manifestations will either let go into that Divine Power or be shaken at its core. Therefore, sometimes this Divine Power may not appear to be “Divine.” But *trusting* that it is will bring us closer to our own Realization which is the best way of facilitating this awakening. And ultimately it is *all* we can do anyway! *The most important point is for us to stop judging and resisting rather than judging those who are resisting!* Both seeming blessings as well as seeming catastrophes are both saying: “I have one intention only, to have you finally open to my ever-present immutable Love!”

If we have an over-reliance on the mind and its motivation to be judgmental, in control, amass resources, obsess about security and be *spiritually wise* (i.e. have it all figured out), now is the perfect time to realign our attention and intention to something wholly more satisfying and empowering – non-conceptual Universal Love-Light-Energy-Bliss.

For 2018, it will be even more crucial to redefine our life in the direction towards a non-conceptual, beyond mind, Love and Freedom by actually connecting with this burgeoning Divine Power. This will be a truly reliable source of comfort, purpose, peace and sense of Self. It will carry us as far as we want to go and beyond!

Divine Waves of Love and Power are flowing through our planet. Why not be open to catching a Wave? Why not be *entirely* OPEN and allow *all* of the Waves to wash over us and through us, and BE the Ocean?

Ocean to Ocean,
Mark

Letting Go: It's Not What You Think! will be the subject of our next Small Group Meeting on January 13, 2018 from 2:00 to 4:00 p.m. Limited to 7 participants. Fee: \$80. To register, reply to this email or call 808-737-7525.