



Conscious Transfiguration

Embracing Radical Change Through Surrender

As Evolutionary Energy loosens the grip of the ego
The experience of being a separate self continues to dissolve
Which feels more like a bewildering dissolution, defeat or threat
Than the burgeoning FREEDOM and LOVE that it is

The ego fights this emerging Love with its favorite tactic of
Fault-finding and looking for something wrong at every opportunity
It preemptively looks for what *might* go wrong
As a way of resisting change even before it happens

The ego loves to inflame its favorite state of emotional fear
In order to justify blame, self-righteousness and judgment
All of which fortify the four pillars of ego dominance and delusion
Which are control, conflict, separation and superiority

Change is the current movement of Evolutionary Energy
Whether it is climate change, geological change, political change,
health change, relationship change, social change, economic change
or an unsettling change of heart, energy and consciousness
CHANGE is the Divine order of the Day

The question is not whether these changes are good or bad
The question is are you resisting or flowing with
This inevitable dissolution of the old
Clearing the way for the new

Over-thinking, clinging to the familiar, and addictive behaviors
Are useless ways of resisting what is already happening
Can you let go of ego willfulness in favor of soul willingness
Allowing for the possibility that there is a Divine Perfection at play?

Even if there is pain, loss or inconvenience
Can you see it with awe, wonder and humor
The cosmic irony that ego obsession with
Gain and loss, right and wrong, control and familiarity
Is what blocks the realization of authentic, undying
Indestructible Peace and Love

Loss is a natural part of the revelation of what is eternal
How will you know a Power and Reality untouched by circumstances
If the veil of expectations are not dashed?
How else will you allow evolution
To take you beyond the known?

The caterpillar surrenders within the chrysalis in order to become the butterfly
A seed realizes its destiny by breaking open and completely dissolving
The cracked egg releases the chick which eventually flies away
The dark night of the soul heralds the coming dawn
The imminent obliteration of darkness by Light

The nymph submerged in murky water becomes
The sky bound iridescent dragonfly¹
It ascends only after breaking free of the old self
Leaving behind an empty exuvia
A symbol of a confining past that no longer serves

If the seed, egg, chrysalis and exuvia were to identify as static structures
Life would seem like loss and devastation
But when identifying with Life Itself
A glorious flow of undying Grace
Its ever-changing impermanent nature
Affirms its immortal Divine Radiance

Rather than fight and fret against the end of illusion and the birth of the new
Surrender clinging to the past and to all that will pass
Surrender attachment to outcome, circumstance and world events
All of which are so transitory
Surrender also attachment to inner reactions to outer events
As those inner states are just as fleeting
Surrender assessing whether inner feelings and outer events are good or bad
Then surrender trying to figure out who you are and where life is going

Ultimately you can surrender the need to KNOW anything at all
When you surrender the need to know
You surrender the false self
Allowing a Seeing without judgment
Being without concepts
Action as Divine Flow
The Realization of Self as Life Itself

1 <https://natureintoaction.com/2009/05/24/dragonfly-exoskeleton/>