



War and Peace

War will always exist as long as there is ego. Placing hopes of peace and love in world leaders or circumstances is a sneaky way of strengthening the ego, which will inevitably result in more conflict. These impossible hopes cause tremendous anxiety, and blame and taking sides is already the beginning of violence. Until the primary intention is to do the inner work of releasing the ego, there is only pretending to want Peace and Love.

Happiness cannot be found in the world and trying to do so is precisely the root cause of conflict. Every leader or group that you consider to be “evil” is doing the same – trying to squeeze Joy, Love, Abundance and Security out of the world. Judgment prevents seeing and facing this truth within. When faced fully, the fear of separation underlying the false self can be released for the benefit of one and all. This releasing of ego is the true source of Peace and Love. It is the ultimate healing and homecoming. For the world weary, it is now finally time to come Home.