



Embracing the Unknown

The Perils and Opportunities of the Disintegrating Ego

When sharing vital and visionary information, a delicate balance is required in order to facilitate preparedness for formidable challenges without engendering fear. Fear only adds to suffering and, more importantly, is a distraction and contraction from seeing and realizing the unprecedented opportunities at hand.

This article is offered in the spirit of the Highest and Truest Love, in service of the Divine assisting you in threading this utterly extraordinary needle of time and space where both old enticements of fear and new opportunities for embodying a Higher Love abound.

When traveling through uncharted territory in flux, where the known ways of navigating do not apply, and familiar devices no longer work, how do you find the best way forward? Renounce fear as a trustworthy guide!

It is when fear seems most warranted that choosing differently – choosing NOT to listen to the fearful voice in the head, will result in breaking through to a new way of life

Disaster or Divine Intervention

The caterpillar surrenders its previous existence in order to fulfill its destiny as a butterfly. Heeding the evolutionary call to let go of the past allows the magnificent transfiguration to occur.

Humanity and the World is currently undergoing a massive shift in Energy and Consciousness. As we enter into the next stage of escalating Transformational Divine Energy, it is more crucial than ever to realize and accept the fact that dismantling of the old is an essential aspect of letting in the New. The most useful attitude is to cooperate with, rather than resist, this Energy and the resulting changes.

Words such as catastrophe, cataclysm, calamity, disaster and tragedy, that are often used to describe times of enormous change, have a negative connotation. The ego loves this because the ego feeds on negativity, fear, drama and judgment. A more accurate and useful view is to see such events as expressions of Universal Energy. I am not suggesting overlaying traumatic events with a smiley-faced concept as a way of denying or numbing pain.

Go deeper, much deeper, below the level of concepts, beliefs and programmed reactions and actually connect with Life Energy

While comfort, pleasing experiences and getting what the ego wants is delightful, only challenges provide the incentive and opportunity to complete the mission for which you enthusiastically chose to incarnate. The greater the challenge, the greater the possibility for transformation and transcendence.

Courage, fortitude, being in the moment, spontaneity, self-authority, clarity, calmness, generosity, intimacy, forbearance, patience, gratitude, selflessness, surrender, Presence, simplicity and opening to a Higher Power and Intelligence are all qualities that almost every Soul is developing on its way to communion with the Infinite. Many of these qualities are developed in times of challenge and crisis, not in moments of comfort, pleasure, ease and familiarity.

Whenever the ego complains about disappointing, painful or adverse circumstances, stop and consider that your Soul may be gleaning much from that experience . . . and loving it!

Challenges that are especially formidable, are almost always related to the very purpose of your coming here. Evolution is ALWAYS moving towards realization of a greater, all-

encompassing, immutable Love. When all seems impossible is precisely when breaking through to a Higher Love is most possible.

The Most Important Thing

The most significant evolutionary events are not the huge changes occurring in commerce, finance, economy, climate, government, technology, politics, personal circumstances, medicine and healthcare, global relationships, communication, media, news, etc. They are mere superficial by-products of an infinitely greater Power and Intelligence.

The primary mover and shaker is the Evolutionary Energy — The Divine — that is loosening the grip of ego-identity

The result of this *direct* energetic dismantling of self-identity is that many people feel very, very vulnerable, insecure, disoriented, exhausted, threatened, shaky, touchy, overwhelmed, etc.

Strife and conflict is the result of the ego resisting its inevitable communion with the Universal

Anger, defensiveness, aggression, feeling victimized, addiction, judgment of self or others, obsession with control, need for validation, approval or superiority, clinging to the familiar, busy work, escapism, going numb – *doubling down on anything that strengthens one's ego identity*, are all ways of resisting this Divine Call.

For example, doubling down on labeling people, groups and events as good or bad, blaming others for suffering and being fixated on ethics and morality, are all barriers against Divine Energy which is moving towards a Loving Oneness.

***Liberation only happens through self-accountability,
never through holding others accountable***

A Conspiracy of Love

In addition to Divine Energies directly removing the veil of separation, the Earth is also transitioning to a higher dimension where ALL life on the planet will be charged with more Light. This will result in an upheaval of earth events, even more extraordinary than what has been seen thus far. These immense changes are invitations to see BEYOND old programming, NOT to cling to what is passing away. When it seems like

things are going horribly wrong, step back and see if you can recognize the synchronistic beauty of everything conspiring to free you from your ego. If you let go of negative stories and wanting control, is there really anything wrong?

This is the time to seize the moment and be aware of INNER structures of ego-identity that are being shaken by Evolutionary Forces

Divine Assistance is here and readily available when you sincerely and humbly call on it. Everything will be done on your behalf when you surrender resistance, let go of trying to figure things out, cease spinning “What if . . .” stories, lean into any discomfort and embrace the Unknown. Since this Divine Energy is dissolving the ego, letting go will allow your Higher Self to Shine through. This Real Self has nothing to do with a “spiritual” self which is still a self in separation.

The Real You is Energy and Consciousness seamlessly at One with Universal Love

Looking outwardly for Peace and Unconditional Love has always been futile, so a forceful push to turn inward is actually a very Loving act.

Peace and Happiness will never be found in passing circumstances, persons or things

The Darkening Power of Belief

The dismantling of outer structures is a result of, as well as an aid to, the dismantling of inner mind-made structures. The ego has built complex inner structures of beliefs, in the form of dogma (religious *and* scientific), judgments, attachments and fantasy to *compensate* for being a separate “me” that feels vulnerable and forsaken. Many of these beliefs are lies about what you need, what Love is and, most importantly, who and what you really are. The ego has also spun many imaginary stories about what to fear – which is just about everything!

ALL human conflict, both inner and outer, is rooted in BELIEFS which are thoughts sourced in fear and thoughts that fuel fear. Notice that the Harmony of Nature has no beliefs.

The Liberation you gain through the loss of beliefs cannot be gained in any other way

When these elaborate facades begin to crumble, and are seen for what they are – a complex interconnecting web of lies, you will be brought face to face with this truth. As

shocking as this may be, it will finally reveal what you truly wanted all along – UNCONDITIONAL Love and Care.

The Realization of Unconditional Love is only possible when all conditions are relinquished

The falling away of dependency on false beliefs, false authority, false security, false joy, false love and false relationship will allow the emergence of a truer, more empowered and Loving human being; a Human Being aligned with the Divine – which is simply Life As It Is.

When conditions to which you were attached fall away, you will discover, with great rejoicing, that no conditions are needed for Joy and Peace to reign

Opening Wide to The Divine

The hard yet illuminating and liberating truth is that even if you surrender most of your resistance, your very lack of resistance – your readiness and willingness to open to the New, is an open invitation for the Divine to bring it on! While this is a wonderful alignment with your highest calling, it will result in more intense infusions of these Energies. This will likely cause challenging symptoms such as disorientation, tiredness, brain fog, feeling unhinged, memory and cognitive lapses, lack of motivation, desire for more sleep (which should be heeded) or disturbed sleep.

What you think is anxiety or even trembling in fear, might actually be your Heart being stretched open or barriers against Divine Energy being shaken loose

An ache, pressure or quivering in the heart is very common. Other manifestations may include inflammation and digestive disturbances, or an activation of your energy field – either overall or localized. Each individual is unique, so these are only examples of possible by-products of a fundamental transfiguration underway.

When things seem really bizarre remember that you are currently undergoing an unprecedented reconstruction involving the Divine, the Earth, your Soul and collective human consciousness – all at once! Nevertheless, it still comes down to what you choose.

Beyond the Known

You can be one of the few who choose to turn away from the heavily programmed heritage of fear and stubborn resistance to change, and instead heed the evolutionary call to Liberation and turn towards the Unknown where a Love beyond anything ever known is awaiting you.

Now is the perfect time to ride this omnipotent Wave and allow it to deconstruct any *personal* programming that has stopped you from being who you truly want to be. This includes releasing old wounds, addictions, limiting beliefs, stuck emotions and unhealthy behaviors. Due to free will, if your identity is tied to these old wounds, you will still be faced with the choice between the familiar and the complete Unknown.

If you are willing to take the leap into the Unknown, this supercharged time of transformation is a time of inner miracles (which are the only true miracles!)

Open to these Transformational Energies and your values, intentions, choices and way of life will go through a revolutionary shift. Freed from distractions and nonessentials, energy consolidated, focus heightened and resolve honed in on what is most important, you are now inspired to lean into the Unknown. Love awaits you, but there is no way of knowing that for sure.

With a pure and open Heart, emboldened by its innate Courage and Trust, you now take the leap of faith

What do you discover? That you are the very fabric of the Divine. You are made of Love and therefore, there is nothing that you have ever done, or can ever do or not do, to change how deeply you are Cared for. Through the Power of this Love, the building blocks of your old identity – the lies and untruths of lack and limitation, crumble and dissolve away. Liberated from the lies and fears that tethered you to the false self, you soar Free. There is no longer anything in the way of Love. The journey into the Infinite Unknown begins in earnest, now with the Clarity, Light, and Power of the Divine.

Addendum

Linked below is an excellent video with Anna Lembke. She has a clear, scientifically-based, loving and revolutionary view of addiction:

<https://www.youtube.com/watch?v=jziPOCEgvOw>

Commentary on the video:

Compulsively pleasing the ego through addiction is a way of saying “no” to God, because the ego is the only thing in the way of Realization. Modern civilization has made addiction an integral way of life. That is why it is so widespread and manifests in an infinite number

of ways – with new versions continually being created! Individuals who face addiction directly confront a very powerful expression of the ego. Overcoming addiction is preparation for going all the way to Freedom.

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