



2023: Revelation and Choice

Claiming Your Rightful Place In the Awakening of Human Consciousness

This article is a series of revelations that will allow you to thrive in 2023 and beyond, through all of the challenges and opportunities, of which there will be many! Each revelation will build on the previous one, step by step forging a clear understanding about the current condition of the world and the human spirit. These revelations will culminate with an innovative and detailed practice of Liberation. To make the most of this potent catalyst of transformation, it is recommended that you read the whole article in a slow, contemplative manner.

2023 will be a year of many revelations for those who are willing to See. Those who insist on clinging to the old paradigm of fear, and the old self anchored in separation, will not have eyes to see.

True Seeing and Guidance is a natural result of seeing with eyes unencumbered by the deadening and distorting lens of fear

There are potent Divine Forces currently at work that are facilitating the realization that you are a Grand Being, not beholden to the passing things of this world.

You are a Divine seed sprouting as a conscious Tree of Life; you are a Conscious egg hatching as a Gleaming Soul; you are a bud Blossoming in alignment with God's Will; you are a Beloved caterpillar transmuting into a Liberated Being of Light

Clinging to the familiar form of seed, egg, bud or caterpillar will not prevent your Divinely orchestrated destiny of Awakening, but it will determine your experience of getting there.

The best investment you can make in 2023 is to divest yourself of fear and reinvest that wealth of energy, intention and time into aligning with the Divine. This is the only investment that will yield any true or lasting profit. 2023 will be a key year for making this transition.

The Real Mover, Shaker and Creator of Everything

The most important Revelation for 2023 is seeing that the underlying cause of the earth-shaking upheavals now occurring in the world, is the growing Presence, Potency and Brilliance of Divine Energy.

The Higher Intention of this Divine Energy is to transition humanity from a self rooted in fear to a Self sourced in Love

Divine simply means Source Energy. This Energy is the First Cause, Prime Mover, Ineffable Creator, Loving Benefactor, Ultimate Caregiver and Grand Harmonizer of All That Is. Every cell of the body and every atom of the Universe is beholden to this Divine Energy. The human mind is amazing in its creative abilities, but it cannot hold a candle to the infinite Sun of Universal Divine Energy, which manifests as the beauty, benevolence, abundance and intricate precision of Nature.

There is an Immaculate Loving Power . . . and it is not the human ego and all of its systems of control

We are entering the next phase of human evolution which is a quantum leap from fear to Love. Higher Evolutionary Forces are actively working on behalf of this monumental shift to a new paradigm where fear will no longer be allowed to rule humanity.

Love is your Divinely Inspired Destiny. It is not a matter of *if* you will make the transition to Love, but a matter of *how* and *when*. The degree to which you choose to resist or align with this Divine Energy will determine the how and when this transition will occur for you.

Most of the conflict in the world, as well as within individuals – both physically and emotionally, is due to resisting, denying or fighting against this Divine infusion

If you look at your life and the world through the heavily programmed eyes of the fearful ego, you will only see the outer manifestations of fear's resistance to the Energy of Love. You will see superficial reactions and not the essence beneath appearances. You will see chaos and feel anxious.

What appears to be chaos is actually the destabilizing and dismantling of fear's near complete possession of humanity

With Divine eyes, you will see beyond appearances and superficial manifestations. You will recognize the movement of a Higher Power, acting with an unfathomable Intelligence for a Higher Loving purpose.

You will see a great abundance of Light and an expansion of Love

You will see Universal Energy streaming with a shimmering Divine Radiance and electrifying vibration that has never before been present on this planet. You will feel deeply privileged and in awe of being a witness to, and participator of, this grand evolutionary leap.

The old self must fall away in order for the Divine Self to Rise and Shine

You will realize that this Energy is releasing your old identity and expanding your sense of self to a more Universal level. If you are opening to this Divine Power, it will be experienced as anywhere from an expansive s-t-r-e-t-c-h to a disturbing dismantling of the familiar self. This is not a bad thing because it means you are in alignment with the profound transformation that is underway. All of this releasing in 2023 is in preparation for even grander infusions of the Divine in 2024 and beyond.

Appreciating and valuing Source Energy, rather than outward appearances, will allow you to see Its ways and movements, which will be a reliable Guide for the times of great change ahead

The more you surrender and open to this Divine Infusion, the more you will be lifted to a higher vibration of Love – which is really what all of this change is about!

The more you attribute your inner state to outer events and other people, the more you will suffer because you are fighting against the movement of evolution

Outward focus is a way of resisting the Highest Blessing that is present for you now.

The Divine is doing its best to Awaken Love WITHIN You, so attributing your inner state to the world and others is a form of resistance

When you surrender your resistance, you will see with Divine eyes and merge with these Divine Waves taking you to a Higher Love.

Revelation and Ascension naturally occurs through the release of fear

From Fear to Love

The second revelation is seeing and acknowledging the devastating repercussions of fear and the extent to which it rules human consciousness and behavior. In order for you to undergo the metamorphosis from fear to Love, you must be aware, especially self-aware, of what is really happening.

If the true cause of conflict and disharmony is not recognized, it will continue to grow

If a disease has been misdiagnosed, and the medicine applied is actually a form of the disease, the sickness will only get worse. Treating fear with alternate forms of fear begets more fear.

Humanity's crucial lesson for 2023 is fully realizing that fear is the cause of all suffering and conflict

Humanity has become so accustomed to serving fear that its domination is allowed, expected and *chosen*. Currently, virtually all perception, feeling, belief and action are sourced in fear.

Fear is the cause or essence of all inner states that are not of Love, including but not limited to: anger, anxiety, hate, hostility, offended, wronged, judgmental, victimized, rejected, defensive, vengeful, jealous, envy, guilt, regret, shame, trapped, helpless, sad, depressed, lonely, empty, lacking, agitated, resentful, overwhelmed, impatient, rushed, dull, numb, bored, weary, manipulative, insensitive, lust, craving, obsessive, needy, superior, inferior, distrust, desperate, lost, confused, shy, stressed, nervous and tense.

The inner choice for Love and Liberation, is infinitely more consequential than any external choice you could ever make

In order to end fear, you must be willing to look beneath superficial manifestations and recognize the original cause. This awareness will give you the motivation and clarity to make different, revolutionary choices.

Seeing and doing things out of fear has never resulted in anything truly worthwhile, but now that Divine Energies are specifically moving to release fear, hanging on to that way of living will place you in direct opposition to Evolutionary Forces

The fearful ego looks for problems, which it gladly finds everywhere, because that affirms its superiority and separation . . . which casts its fate in more fear. News media, by its very nature, only recognizes and reports on the out-picturing of fear, but not on fear itself.

Attributing conflict to individual human beings or groups encourages blame which fuels the proliferation of even more fear, all the while never exposing the causal

essence of it all.

Are you able to discern the common denominator of all disharmony – the power behind the throne?

The reason why attempts at Harmony, in the form of governments, social movements, educational and economic systems, organizations, religions, etc., have not been ultimately successful, is that the underlying cause has not been addressed – the fear within each human mind and heart.

Outer conflict is a projection of inner conflict

Humanity has been loathe to see this because that would require each individual take responsibility for the disharmony *within*. There is no true and lasting external resolution for an internal disturbance.

Trying to control others in order to feel okay inside is a recipe for conflict

The best response is to choose to align with Divine Evolutionary Forces.

The sooner you surrender the ego and its need to control the world and others, the sooner you will be at Peace

Separation

The third revelation is realizing that *separation* is the cause of *all* fear. When you identify as a separate self this automatically leads to feeling disconnected from other people and the Universe.

Intrinsic to feeling separate from others and the Universe, is the experience of vulnerability and lack

All fear is the fear of *lack* – lack of safety, lack of abundance, lack of life and lack of love. This sense of lack comes entirely from identifying as a separate egoic self. A separate self-identity manifests as “me against the world” and “us against them.” This is the real reason why the world is the way it is.

All war is humanity at war with itself, which is the result of desperately trying to affirm a separation that does not exist

The need to be right, justify a point of view, think in terms of good and evil, take sides and feel victimized all reinforce the separate self which perpetuates violence.

Nature is interconnected Oneness. All fear and separation is a denial of this Oneness. It is a denial of God. Not the God of a religion or belief, but the actual omnipresent Intelligence, Love and Power.

Separation does not exist anywhere in the Universe except in the imagination of the imaginary ego

Since existence as a separate self is not even real, fear, lack and trying to prop itself up is its perpetual state of being.

Separation is an illusion, so it is inherently at odds with Reality

Realization of non-separation, which is Love, is the only antidote to fear. Non-separation means that the reason you do not attack another is that he or she is you, in the same way that you would not attack your own arm.

Realization of non-separation means that you only want the best for ALL because ALL is your very own Self

Blame, Judgment and Victimhood

The fourth essential revelation for 2023 is seeing that blame, judgment and feeling victimized are expressions of fear, without exception. They are forms of non-Love that humanity has tried to pretend is useful, in order to hide the fact that one is willfully choosing separation over Unity.

Blame, judgment, feeling victimized, anger, hate, moral superiority and self-righteousness are all reactions to a perceived threat or feelings of insecurity

Rationalization, justification, complaining, denial and numbness are strategies for pretending that one is not really blaming and not really in fear. For example, if you have a long list of why a person or group is wrong, then that entire list is in service of fear and the separate ego.

Self-awareness is an essential aspect of transformation. You need to become aware of how you are agreeing to and aligning with fear before you can choose anew

The higher purpose of obvious forms of conflict, such as war, is that it clearly demonstrates the inevitable devastating consequences of blame, and thus provides strong encouragement to choose a different way of being.

The need for others to think, feel and behave as you want them to, and lashing out when they disagree or don't do as you want, is the cause of all war, whether global or personal, obvious or hidden

If you believe that the cause of problems in the world are due to certain people, leaders, political parties, organizations, religions, corporations, technologies or governments, you are not yet seeing the deeper revelation possible.

When you blame and judge, you are adding more fear, which was the original

cause of what you are judging

It is the very fact that fear is so widespread and entrenched throughout the world, and its presence has continued throughout the ages even with countless changes in leadership and civilizations, that demonstrates that fear is the underlying culprit, not the individuals or organizations.

Only you can choose Love over fear, because when you try to make another choose Love, that very intention is an act of non-Love and aggression

It is entirely possible to accurately assess a situation, and to carry out an effective intervention, without any fear whatsoever. In fact, judging prevents clear seeing and adds the toxic energy of fear.

How would you address the most troubling events and relationships in your life, both personal and global, from a place of Love, without the slightest trace of fear?

Free Will

The fifth revelation is recognizing that freewill is the most extraordinary human attribute. It is the very purpose for which God/Evolution created humans. It is exercising this unique superpower that will Liberate you from an illusory life of fear and lack, into the Reality of an Abundant Life in Love.

All of the willpower and fortitude developed through serving fear, will eventually be turned around 180 degrees, and be used in service of a Universal Love

The choices you make in every lifetime is how you evolve. This is why individual freedom is such a cherished principle.

Free will is the ONLY power in the Universe that can shift one's identity from an ego to the Divine Self

This decision, completed entirely within, is the only act that will end war and conflict, and commence a Life of unselfish cooperation and Love.

However, the ego does not want evolution to move forward because that will result in its being dethroned as the ruler of humanity. Since organizations are made up of individuals living in separation and fear, they too also perpetuate fear and division.

Fear turns a system designed for the good of all, into a system of conformity and oppression. Whether it is a dictatorship which tries to control through violence, or a government that tries to control through conformity, censorship and manipulation of information, they are all equally motivated by fear

Control is rooted in fear as fear always tries to control. Many forms of governance

started out with an awareness of, and respect for, the evolution of a soul through freewill. However, due to fear, countries with even the most enlightened constitutions have degenerated into an obsession with controlling the populace. This is also true of religions. What started out as messages of Love and Liberation have been incorporated by egos and turned into fear-based intentions to control and condemn.

Only the Awakening of human consciousness will save and elevate humanity, not any system, leadership or religion, which were all created by egos in separation

Fear is what makes “leaders” and governments want to control and oppress citizens, and fear is what makes citizens want to comply because they are reluctant to claim their Self-Authority and Self-Responsibility.

Fear completely disconnects you from Higher Guidance

A population in fear is easily manipulated. Push that button and everyone submits, like robots programmed to serve that master. Like the individual ego, a government will use fear to keep the citizens in fear.

The only way out is to *choose* to serve a Higher Truth and Love. All else is fear responding to fear, creating a further momentum of fear.

Choosing to reinforce and defend the ego results in separation and fear; choosing to surrender to the Divine results in Wholeness and Love

Self-Authority

The sixth revelation is the Realization of Freedom, Power and Love through exercising your freewill to serve a Higher Love. In order to make this choice you must first become aware of all the ways you are serving fear, even if those choices are heavily programmed, hard to discern, even harder to admit, and even if everyone else is choosing fear.

What you choose but do not acknowledge owns you

The separate ego blames and judges in an attempt to counteract its inherent state of insecurity, but that actually affirms separation which leads to more fear . . . and this is how the cycle has continued on planet earth for eons.

It seems like a dilemma, but it is simply a matter of choosing between serving the fearful ego or serving the Universal Love of God

Self-authority is true self-responsibility because you are no longer holding other people or the world responsible for your Reality. This is truly an empowered life. Divine Guidance becomes available when you are no longer plugged into fear which is of a completely different vibration and paradigm.

Self-Authority means that you are no longer beholden to your own fear-based ego, nor to any other ego, including any leader, government, agency or system which are glorified egos or organizations of glorified egos

Self-Authority may well be the most important quality that you can possess in 2023 and beyond. As fear-based governments, organizations and corporations develop elaborate ways of promoting control and conformity, being able to discern the truth will be more important than ever.

In 2023, there will be many revelations and accusations by persons, organizations, political parties, governments and their agencies, activists and so-called authorities of every kind, blaming one another for misdeeds, misinformation and harm. Will you be able to remain above the fray and resist the temptation to join them in their fear? Will you be able to differentiate between the lies and the truth?

Will you respond with Love and Clarity rather than fear and illusion?

Self-Authority means that you do not blindly trust whatever external authorities say. Humanity is in its infancy when it comes to self-authority. Notice how individuals make crucial decisions about healthcare, governance, technology, money, relationships and perceptions of what is real, based on external authority such as “experts,” advertising or grossly manipulated information on the internet.

Leaders want to control because they are afraid of Freedom and followers want to be controlled because they are afraid of Freedom

The hidden truth is that as long as you have an ego, you will be more interested in reinforcing separation rather than being Free, and thus you will unconsciously look for information that resonates with fear. This is how conformity is perpetuated by both leaders and followers. They both have an invisible contract with fear. Both are in service of separation.

Ultimate self-authority is when your authority and identity is the Divine Self

Ultimate Self-Authority is the result of being surrendered to, and at One with, a Universal Love and Intelligence. The fearful ego is no longer involved in directing your life. Due to the absence of ego you are naturally attracted to Truth and It to you.

Self-Authority rooted in a Higher Love is both the cause and effect of not succumbing to the drama of fear playing out in the world

Practice for Liberating Fear

The seventh revelation is understanding how to release fear within yourself. (As stated above, the term fear refers to all inner states of non-Love.) Contemplate each of the truths below, until you feel some kind of inner shift or recognition before going on to

the next. Then do the practice at the end exactly as described. If you do this consistently every day for a few weeks, you will experience a significant change in inner and outer freedom. Do it for a few months, and your experience of self and the world will be completely transformed. Do it for a few years along with an uncompromising willingness to be self-aware and you will Realize Liberation, or at least be at its very threshold.

1. The Only Way To Love

Now that you have a deeper appreciation of the prevalence and effects of fear in your life and the world, realize that releasing fear will permanently free you (in gradual increments) from suffering, as well as bestow upon humanity the highest blessing possible. This Blessing can only occur within you. There is *no other way* to shift from fear to Love.

“I AM willing to dedicate myself to release the fear within. I claim the Truth that I AM a Being of Love, and bestow this Love upon all of humanity,”

2. Fear Is Not the Enemy

This step is counterintuitive but essential. Fear may be the underlying cause for all strife but the *physical experience* of it is not the enemy. There is a difference between *clearly seeing the effects of fear* and judging it as bad. This difference may seem like splitting hairs, but how you perceive fear will determine the degree to which it is actually released. Failure to make this distinction is why many dedicated spiritual seekers have been unable to release fear, because they are unknowingly reinforcing it by making it something bad to fight against.

“I AM allowing the release of all fear through my firmly remaining surrendered to Love (God)”

3. Feeling Fear Is Not the Problem

Now, consider this honestly and freshly: How bad is the bodily experience of fear, really? Is it not fascinating how someone may be insulted and respond by hitting or harming the other person? Did the mere sound of words actually cause physical harm? Did the words affect the cells of the body? They did not. It only seems that way because of *programmed reactions*. This dynamic is difficult to see because programmed reactions to fear are so pervasive and deeply conditioned.

The foundation of programing is usually intensely negative thoughts, images and beliefs that have become unconscious, and now rule your feelings, thoughts and behavior

There is absolutely no direct physiological link between fear and violence, overthinking or the fight or flight response . . . except what has been programmed into you. This programming is released when you fully feel the

inner body sensations without attributing it to anything or anyone.

“I AM noticing the difference between inner feelings and my reaction to it”

4. Programmed Reactions

Fear as a body sensation is not a problem. It is the serving of it through action, thought and belief that causes strife. Consider how people do wild things out of fear – attack others, harm themselves, have all sorts of tantrums, act rashly, succumb to addictions, make poor decisions and become extremely tense.

Programmed reactions are what blocks the release of fear energy. It adds to the already dammed up energy, reinforces the blockage, creates more tension and further feeds the programming. Thus, the fear cycle continues and escalates.

Programming is dissolved through your recognizing that you have the ability to choose differently

When you are experiencing fear, the world seems like a dangerous or barren place, people seem threatening or cold and there is no joy or freedom. Your beliefs about yourself, others and the world become negatively affected. Your mind goes into overdrive with compulsive thoughts, images and stories, all of which serve no positive purpose. But, do the physical sensations of fear directly cause any of it? Are they not all programmed responses? The conditioning is very deep, but it can be released. And you will never be Happy or Free, no matter what you attain in the world, unless fear is released and transmuted.

“I AM freeing myself from the tyranny of fear through my willingness to FEEL what I have been running from”

5. The Practice: Breaking the Cycle and Liberating the Energy

The next time you feel fear or anxiety, rather than succumbing to the programming of compulsive thoughts or behavior, instead do your best to *completely* FEEL. Start with mild anxieties, not a full blown panic attack. This practice is effective for that too, but start gradually.

You are developing your ability to feel without running away, repressing or reacting

You are building your feeling muscles. ALL of your negative reactions will begin to dissipate through this practice.

All programming is simply the resistance to fully feeling

The more you are able to feel physical sensations or the movement of energy

without any story or mental imagery, without attributing your feelings to anything or anyone, the more fear will release.

Be Loving and kind with the inner sensations called “fear”

Most people practicing Presence, “samskara” or energy release work fail, or give up, because they are looking for immediate results; they want the discomfort to go away . . . which is part of the programming!

With this practice, fear is your friend, for without it you would never be motivated to be free of the programming that keeps you enslaved to the ego

Rather than expecting or wanting fear to leave, be completely okay with the physical sensations. Pure, open and direct feeling severs the link between feeling and reacting. You are training yourself to be entirely okay with the feelings.

You dethrone fear as your master by being okay with the physical discomfort

Programmed reactions to fear are as old as humanity. It has been present throughout all of your past incarnations. This very unusual and leveraged practice will take discipline and dedication. However, it is precisely because you have never done this before that the results will be truly liberating.

The simple intention to breathe, relax physically and be gentle throughout this process will assist greatly in the release of fear and the flow of energy

You will be surprised when the physical sensations of fear no longer have the power to disturb you. Then the whole house of cards of unhealthy reactions, both inner and outer, will collapse, the energy of fear that was trapped in your body and consciousness will release, and you will experience an upwelling of Divine Energy within.

“Releasing programming frees me from ego, fear and separation and reveals the Divine Self, through which I claim my rightful place in the Awakening of human consciousness”

Understanding

Understanding, especially in the form of self-awareness, is an absolutely essential aspect of Awakening. There is much misunderstanding in spirituality, which often results in affirming and reinforcing the illusion of the ego rather than releasing it. The ego is programming. It is not even real. It is the imaginary separate self perpetuated through programmed reactions. Contemplate this deeply. If you are ready, you may begin to see the utterly startling truth of this. The scene in the movie *The Matrix* where Neo realizes that everything he thought was real is actually all programming is literally true. This is the real meaning of “through a glass darkly” and “maya.” “Samsara,” “sin”

and “hell” are the result of believing and living the lie.

Programming, separation, ego and fear are all synonyms – they exist together or not at all

Ego programming is specifically the programming of separation. The primary illusion is not the world, but the misapprehension that you are separate. Experiencing separation where there is none, *completely* distorts Reality. Reality is innately Whole and Glorious. Programming makes it seem otherwise. Programming is the *reaction* to what you call “fear.” Stop responding to the programming; stop reacting as if you *are* the programming, and ALL of it – ego, separation and fear comes to an end.

“I AM willing to be aware of all the ways that I am intentionally affirming and reinforcing the separate self that is obsessed with appearing to be good or superior”

Life in Freedom

The magnitude of the consequences of releasing fear cannot be overstated. The programming around fear is what stops the free flow of Divine Energy. This current of Life Force is the source of Creativity, Healing, Joy, Love, Courage, Higher Guidance, Sublime Beauty beyond appearances, attunement to Subtle Energies, access to other dimensions of Reality and Higher Beings, opening the Heart to true intimacy, experiencing Oneness with Nature, and connecting with human beings in a Real and ever-fresh way.

Ultimately, you will eventually realize that you *are* the flow of Divine Energy which is the Divine Self, the Real You. That is the Revelation of all revelations!