



# *Liberation*

## *Breaking Free of the Egoic Chains of Bondage*

First of all, I would like to express my profound gratitude and joy for another opportunity to deliver a message from the Divine to all of you beautiful and brave souls. As always, even more important than the information contained in this article is the message of Divine Energy and Love.

### *An Invitation to Wake Up!*

At this point, there should be no doubt that earth-shaking events of transformation are afoot. However, the real nature of this upheaval and the opportunities they present are being mostly missed, misinterpreted or resisted. Dramatic news events continue to grab our attention and trigger our emotions, distracting us from the crucial moment at hand, deceiving us into believing, yet again, that our salvation or our demise depends on

world leaders and outer events. This article is an invitation to awaken to the truth of what is happening now and will offer clear pointers on how we can participate in Freeing ourselves forever, rather than perpetually redecorating our prison cells.

### *Do You Know Why You Are Here?*

In times of uncertainty, change and challenges, it is more important than ever to reaffirm or redefine our truest, highest purpose for being here. It is now crucial to align with that higher purpose, as the undertow sweeping across this country and the world threatens to pull us down to the common egoic denominator of fear, blame and self-righteousness. A clear and firmly established life purpose can transmute feelings of anger, defeat, dread and sadness into pure inspiration. Discomfort and inconvenience can be seen as opportunities for learning, growing and being of service. Navigating through calamitous times can be very disorienting and disheartening, but with the guiding light of a true purpose, even painful and catastrophic events can be experienced as opportunities to develop the qualities we value most – courage, fortitude, patience, forgiveness and, above all, Love.

Do we have a life purpose that inspires us in this way; that protects us from the negativity of the ego – our own and other's? Take a moment now to deeply contemplate this question: “What am I really here for – what is my truest and highest calling?”

No matter what answer we come up with, we are all here to EVOLVE in some way, to a higher Love, Intelligence, Power and Consciousness. Although as individuals each of our expressions may be utterly unique or diverse, we are all here to evolve because *evolution is a natural and integral part of all of Life*. Life and Evolution are inseparable. It is simply the Way of the Universe. *Therefore, it comes down to whether we choose to align ourselves with that Wiser and more Loving evolutionary force, or if we choose to resist and fight against that Higher Power.*

### *Real Love is Real Change*

Awareness *always* precedes Liberation, as it is an integral part of Liberation. Therefore, greater awareness of racism and all forms of abuse of power is moving us forward to freedom, however painful or conflict ridden the process may be. Some of the stories and images in the news are disturbing and gut-wrenching, as it should be. In fact, realizing how much cruelty and horrific abuse there is in the world can wake us up out of our complacency. Underneath the facade of harmony there is *and has always been* throughout human history, a hidden demon-like entity waiting for an opportunity to once again rise up and dash any possibility of lasting and true peace. This demon is nothing other than the ego; the possessing entity programmed to respond out of fear,

greed and self-centeredness.

The reason that history continues to repeat itself is that we have been loath to see, I mean really see, the essential cause of all cruelty and ignorance. We keep putting our eggs in a basket that has been poisoned by the ego, which has an inherently flawed view of the world. All eggs created and nurtured in that poisonous basket will be corrupted by a fundamental delusion: that we are all separate — from each other, the earth and the Divine. This is the essential source of all forms of non-Love — fear, greed, cruelty, deadness and ignorance. All organizations, no matter how ideal, are made up of individuals, and virtually all individuals at this time of human evolution are controlled by ego.

We are at a crossroads. Are we going to respond to this revelation of how horrific life is when possessed by an ego by being completely committed to being free of it? Are we going to use this entirely appropriate disgust and outrage as fuel to compel us forward to *true* Liberation by going beyond the ego? Some of us will need to play out trying every possible external fix so that there is no doubt whatsoever that going that route never truly works. (Again, look at human history — it has *never* worked!) This article is for the mature yet sensitive soul who knows in the heart of hearts that Liberation, for self and the world, can *ONLY* come through one's own awakening. May this message be a Lifeline buoying up those of us whose truest, highest calling is not to escape the world, but to bring forth into the world the Love that it so desperately needs and truly desires. It is the evolutionary force flowing through this planet now and will fully manifest when we each become open conduits for its Divine Love.

### *Divine Discomfort*

Allowing the Divine in is very disorienting and threatening to the ego. Facing our own darkness can be excruciatingly challenging. However, if we can just be with this *Divine discomfort*, it will directly burn away the ego *in ourselves*. The ego can only be transcended in oneself, no where else. This is the only way real transformation occurs. Otherwise it is egos trying to change other egos which strengthens the egos on both sides . . . which creates much inner and outer conflict. The Divine is trying to usher in a Life outside of the box, aligned with an unimaginable Peace, Love and Aliveness. But we need to let it in. Evolutionary forces are moving us in that direction and we *can* choose to align with it.

[See the article *Ego: The Great Imposter* for insights on how we can align with that Higher Love.]