



Ego: The Great Imposter

The ego is never *truly* happy and at ease. Fear, anger and frustration are interspersed with moments of fleeting relief and passing thrills. It is perpetually prone to throwing tantrums, through judging and attacking self or others. The ego's anger stems from its seething jealousy of the Divine because it can never be the Divine. It puffs itself up as powerful because it feels so inadequate and powerless (because it is). The ego is always trying to be something it is not. "I should be powerful" is the primary lie.

Towards that end, the ego is a master con-artist. It is ever-inventive in finding ways of impersonating, simulating, mimicking, replicating, resembling and representing Love, Peace and Power without EVER actually delivering anything of value. It mimics Satisfaction with addiction, Abundance with greed, Peace with unconsciousness, Joy with thrills, Confidence with approval, Courage with bravado, Love with attachment and Freedom with escapism.

A favorite hiding place of the ego is the role of the hapless victim. Even the aggressor justifies his acts through feeling victimized. Cultivating or holding a stance of victimhood annihilates the Soul's quest for True Empowerment. While victimhood

seems passive it is actually a way of asserting the ego's self-righteousness. It is a sneaky way of feeling morally superior. Therefore, be especially wary of a spiritual or moral ego as this is one of the ego's sophisticated disguises. Since it is harder to see than a brash ego it is therefore more dangerous.

Probably THE most effective and universal trick of the ego is to hide *both* the Real Enemy *and* the Source of Liberation in the last place we would expect to find it . . . WITHIN!

Until the ego is serving the Divine as a tool, vehicle and conduit, it will never find what it is looking for. But in actuality it doesn't want to find Authentic Love because that would end the charade of fear, which would be the end of the ego. All of the ego's strategies are fueled by fear of lack. The ego doesn't want us to see that fear can never lead to Love, nor can it ever overcome Love. And the Love that *can* overcome fear can only be found within. If we don't see this, it will continue. Awareness is the key. We must be willing to see through all of the ego's sophisticated and cunning trickery in order for the Truth of Love to be revealed.

A Free Human Being

The following musings are pointers leading to life free of the ego's lies and illusions – its artificial power and counterfeit love. Be careful not to turn them into *judgmental* statements of good and bad, right and wrong, superior and inferior, as that would be the ego sneaking in the back door. Even more transformative than deeply contemplating the ideas, would be to open and relax into the Energy infused into, beneath and beyond the words.

(I have alternated between using the pronouns “she” and “he” In the following paragraphs.)

Authentic Power

A human being possessed by the ego gets her sense of identity, strength and confidence from taking a fixed position of right and wrong. A solidly held position is already the grounds for warfare and bigotry. A free human being realizes that she is not a fixed object but the *unified flow of Life*, free of opposites. She gets strength and confidence from alignment with that Life. She realizes that Love is the most powerful force in the universe.

Awareness Is The Key

The ego misuses awareness to look for and point out the faults of other egos. A free

human being uses Awareness to uncover all of the ego's dark and selfish antics WITHIN, thus freeing himself from the ego. ***This is the ONLY way that more Love and Truth enters into the world.***

The Purpose of Religion and Scripture

An ego uses religious scripture and sacred teachings as an excuse to indulge in judging others in order to proclaim its superior status. ***Feeling morally superior is one of the ego's favorite hiding places.*** A free human being uses sacred teachings as a guide and an inspiration for SELF-Liberation.

Who Are You Really?

An ego is totally fixated on appearances and judges others accordingly. A free human being realizes her *Essence* in all beings, thereby seeing that this incarnation is only one in a series of many, many incarnations. There is an intuitive knowing of having been Black and White (and many other races), slave and slave owner, victim and perpetrator, rich and poor, vilified and adored. She has come to identify not with the current appearance and egoic programming but with the river of Life running through all past lives bringing her to the great ocean of Love and Intelligence present here now. (Even if you don't believe in past lives, the point is that one is not fooled by the appearances and programming of a singular incarnation and has aligned oneself with a Reality beyond appearances.)

To Which Group Do You Belong?

Egos love to join with other egos to cover up the feeling of being vulnerable, alone and forsaken. A free human being can stand naked and alone because he is held in the tender and invincible arms of Divine Love. He Loves everyone. His “clan” and “special interest group” is all of humanity, all of Life.

Peer Pressure

The ego uses peer pressure and misinformation to bully or seduce others to join and conform to its pseudo-reality. (ALL ego realities are pseudo-realities because they are all based on the distorted programming of separation.) On the other hand, the ego is prone to being deceived and controlled because of its need to be told what is real, what is true and what to do, due to its being disconnected from inner self-authority. A free human being follows Divine Guidance which is simply the evolutionary force of the universe, and therefore needs no external agreement or collusion.

The Need to Fix Creates the Need for Problems

Egos see problems everywhere and loves fixing them, as this makes the ego feel superior and in control. A free human being has merged with the Perfection of all that is, just as it is, and sees this everywhere. She can naturally intuit the Divine Grace within even the (seemingly) most horrific and calamitous events, yet has an open heart, full of compassion. It is precisely because she is not *identified* with the pain and suffering of the world that she is completely open to fully experiencing it and, with great empathy, can effectively point the way beyond it.

The Ego-Zombie

Egos are like zombies or the walking dead. What seems like liveliness is actually a pseudo-life animated by frantic grasping; an insatiable desire for *more* motivated by a pervasive and inexplicable sensation of vulnerability, lack and fear. For an ego-zombie there is no real life, only movement generated by that obsessive and addictive way of being. A free human being IS Life itself, always filled by its innate Wholeness, Joy and Vitality which is Love.

You Don't Need Love You ARE Love

Since egos have no real life essence of their own, they rely on others for a sense of power and purpose. Like vampires, egos are constantly trying to suck the life out of others, in the form of approval and attention, in order to feel worthy and alive. A free human being has discovered the real source of Self-worth through surrendering and aligning with the Divine and naturally radiates that Love and Life to others.

Freedom

An ego values comfort, security, control and power – over others and the environment. A free human being is . . . well, free. Free to fully enjoy the gift of life and all of its beauty, diversity, generosity, interconnectivity, creativity, playfulness, and most of all, the ineffable Joy of Being.

Being a Conduit of Love

Being free is all about surrendering to the Divine, but it is not as simple and easy as it sounds because the ego is extremely sophisticated and cunning. It has kept humanity enslaved for eons. As the great imposter, it has used all of that time and experience to hone its lies and illusions to appear as truth. The Light of Awareness, which is Love, can

dissolve the ego, but only if we are willing to expose it within ourselves. The Divine can only enter into the world right here, in each of us. We then become a conduit for Love entering into the world.